

# PRESS RELEASE



*Garlic Feast: Delicious garlic-inspired recipes for the quintessential garlic lover wins 'Best Self Published Book' and COOKBOOK OF THE YEAR (AUSTRALIA) in the Gourmand World Cookbook Awards.*

The Gourmand World Cookbook Awards were founded in 1995 by Edouard Cointreau of the famous Cointreau family.

Every year, the awards honour the best food and wine books, printed or digital, as well as food television.

Books from 205 countries participate in these prestigious awards, the only international competition of the sector. The Gourmand Awards have been compared to the "Oscars" and are inspired by the spirit of the Olympic Games.

Every year, Gourmand gives the awards in a very special location for gastronomy. In 2017 the ceremony will be in Yantai, China.

The Ceremony is an opportunity for the winners to meet every important person in the world of food and books: hundreds of publishers, authors, chefs and journalists take part in these events.

***"Congratulations! The Gourmand Awards jury is delighted to announce that **Garlic Feast** is the national winner in its category: **Best Cookbook of the Year**".***

*"This self- published book is a masterpiece, with world class content, photography, design and production. Garlic is truly international, very much loved in many countries. This book deserves to be translated and promoted around the world." **Edouard Cointreau, President of the Jury - Gourmand World Cookbook Awards***

"Your book will now compete in its category against winners from other countries for *the Best in the World*. The results will be announced on May 27 & 28, 2017 at the annual Gourmand Awards Ceremony in Yantai China" Edouard Cointreau, President of the Jury – Gourmand World Cookbook Awards.

## GARLIC FEAST: Delicious Garlic Inspired Recipes for the Quintessential Garlic Lover



'Garlic Feast' was designed by Hobart photographer and designer Ian Wallace and written and produced by writer, designer and former BBC radio journalist Janice Sutton, one of the founding organisers of the Koonya Garlic Festival held in Tasmania's spectacular South East region.

Garlic Feast contains stunning photographic images and more than 100 delicious garlic inspired recipes created by some of Tasmania's best, including Sally Wise (who also generously contributed the foreword to the book), Rodney Dunn, Luke Burgess, Paul Foreman, Bronwyn Strange, Eloise Emmett, Ben Bate & MKR's Sam Berechree as well as many other talented chefs, food writers and Tasmanian gourmet producers.

There are also a number of national and international contributors to the book including Australian culinary icon Maggie Beer, Lisa Featherby from Australia Gourmet Traveller, Sydney food writer Fouad Kassab, author Maria Viljoen from New York and Sam and Sam Clark from the award-winning MORO restaurant and Morito Tapas bar in London amongst others.

Garlic Feast also contains oodles of information about garlic and cooking with garlic and is an indispensable resource for garlic lovers everywhere. There are chapters on the nutritional benefits of garlic, smoking & preserving garlic, how to create your own black garlic and garlic variety flavours to help you create your perfect garlic feast. There is also a generous nod to the Koonya Garlic Festival and the beautiful rugged Tasman Peninsula.

*"I am absolutely thrilled that Garlic Feast has won two national categories in the Gourmand world cookbook awards. There are so many beautifully designed cookbooks out there, that I didn't consider for a moment Garlic Feast might win, let alone Cookbook of the Year. I am absolutely stunned, but also incredibly proud of this achievement – my first solo project. I can't take all of the credit however, I had the support of an amazing designer and recipe contributions from some fabulous chefs and artisan producers. I see this win as a win for everyone who has generously contributed to the book".*

[www.garlicfeast.com](http://www.garlicfeast.com)

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Janice Sutton: 0457722772

